University of California, San Francisco

School of Nursing

http://nurseweb.ucsf.edu

Adult Nurse Practitioner

DEPARTMENT OF COMMUNITY HEALTH SYSTEMS

Adult Nurse Practitioners (ANPs) are advanced practice nurses who are prepared to diagnose and manage common primary care problems for adults. The program emphasizes comprehensive physical and psychosocial assessment; and decision-making processes for assessing acute and chronic health conditions, and health maintenance care, including health promotion and disease prevention.

The ANP program provides didactic specialty coursework and supervised clinical experiences enabling graduates to deliver, coordinate, and evaluate high-quality care; advocate for vulnerable individuals and groups; and be leaders in health-care delivery systems for promoting and maintaining adult health.

Career Opportunities

Our ANP graduates work in community health clinics, health maintenance organizations, student health services, specialty clinics, private medical practices, correctional facilities, emergency rooms, and other exciting community-based practice settings. Graduates of this program qualify for recognition as Adult Nurse Practitioners in the state of California and are eligible to sit for the American Nurses' Association ANP credentialing examination.

Focus Areas

ANP Programs at UCSF School of Nursing offer a broad range of configurations in order to best meet the needs of our students in a rapidly-changing healthcare environment.

- **Adult Nurse Practitioner (ANP) Generalist**.
  The ANP Generalist focuses on comprehensive primary care to adults. The ANP also works with individuals and communities in planning lifestyle modification programs. The student may choose the option of sub-specialization in an area of interest, such as pulmonary care, nursing education or health policy. The ANP program provides the individual with the flexibility needed to select an interest area that is not captured in one of the other existing ANP specialties and allows for the opportunity to take a variety of elective coursework.
- **Psychiatric/Mental Health ANP.**
  The ANP and psychiatric clinical nurse specialist functions are integrated to provide primary care to individuals with current (or potential for) severe or persistent mental health disorders. This is a federally funded program with blended role options.
- **Occupational/ Environmental Health ANP.**
  The focus in this specialty is on theory and practice of adult health maintenance and assessment and management of common health problems facing working adults. Clinical residencies in specialty clinics and occupational health settings provide a variety of clinical experiences in the field. This program has federal and state funding.
- **ANP with HIV/AIDS Focus.**
  The ANP provides comprehensive primary care to adults and specialty care to HIV-positive adults. This is a federally funded program.

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Curriculum

Masters Core Courses

Masters Core Courses are required in all School of Nursing Masters Specialties. The Masters Core includes but is not limited to:

- Theory and Ethics
- Research
- Health Care Economics and Policy
- Sociocultural Coursework
- Dimensions of Advanced Practice

Clinical Core Courses

Clinical Core Coursework for the ANP specialty includes:

- Advanced Health Assessment
- Health Protection and Promotion
- Clinical Pharmacology
- Common Symptom Assessment and Management
- Assessment and Management of Common Psychiatric Signs and Symptoms
- Nutrition

ANP Generalist Core Courses

(All ANP Specialties take these courses unless otherwise indicated)

- Seminar in Health Protection and Promotion
- Seminar in Urgent Care
- Management of Complex Health Problems
- Seminar on Complex Health Problems
- Decision-making in Primary Care (optional for ANP / OEH students)
- Contraception (optional for ANP / OEH and the ANP / Psych. students)
- Research in Complementary and Primary Care (optional for ANP/OEH and ANP/Psych)
- Clinical Residency: > 570 hours

FACULTY

- **JoAnne Saxe**, RN, MS, ANP
- **Patricia Dennehy**, RN, MS, FNP (ANP)
- **Hattie Grundland ANP**
- **Susan Janson**, RN, DNSc, ANP (ANP)
- **Roberta Oka**, RN, DNSc, ANP (ANP)
- **Jean Taylor-Woodbury ANP**

Psychiatric/Mental Health Courses

- Theories of Psychiatric Disorders
- Assessment & Management of Complex Psychiatric Disorders
- Management of Psychiatric Conditions
- Management of Psychotropic Drug Regimens
- Family Therapies
- Group Treatment Modalities
- Substance Abuse and Mental Health
- Trauma Coursework
- Clinical Residencies

FACULTY

- **Geraldine Collins-Bride**, RN, MS, ANP (ANP and ANP/Psych.)
- **Fran Dreier**, RN, MHS, FNP (ANP and ANP/Psych.)

Occupational & Environmental Health (OEH) Courses

- Current Concepts in OEH Nursing
- Issues in OEH
- Industrial Toxicology
- Health & Safety Hazards
- Factors in Injury Control
- Occupational Safety
- Management of Clinical OH Problems
- Ergonomics
- OEH Nursing Program Planning Practicum

FACULTY

- **Barbara Burgel**, RN, MS, ANP (ANP and OEH)
- **Rossana Segovia-Bain**, RN, MS, ANP, COHN-S (ANP and OEH)

Integrated Complementary Healing (ICH) Courses

- Complementary Healing and Integrated Primary Care
- Culture, Spirituality, and Healing
- Research in Complementary and Primary Care
- Complementary Healing in Nursing
- Clinical Residencies

FACULTY

- **Catherine Kelber**, RN, MS, ANP (ANP and ANP/ICH)
- **Judith Sweet**, RN, MS, FNP (ANP and ANP/ICH)

HIV/AIDS Courses

- AIDS Overview
- HIV/AIDS Pharmacology
- Population-Based Chronic Illness Care
- Integrated Care in HIV/AIDS
- Seminars in HIV/AIDS Care
- Clinical Residencies

FACULTY

- **Suzan Stringari-Murray**, RN, MS, ANPANP/HIV)

Contact Information

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Application and Program Information

For information about this and other specialties at UCSF School of Nursing, contact:

UCSF Office of Student Affairs
2 Koret Way, #N-319X
San Francisco, CA 94143-0602
Telephone: (415) **476-1435**

Visit our Internet Sites

Visit us at http://nurseweb.ucsf.edu/www/spec-anp.edu and http://nurseweb.ucsf.edu

An application is downloadable from http://nurseweb.ucsf.edu/gateway/download.html

Attend a monthly evening *information session*; sign up at http://nurseweb.ucsf.edu/www/infosess.htm

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