



Psychiatric/Mental Health Nursing
 DEPARTMENT OF COMMUNITY HEALTH SYSTEMS

UCSF School of Nursing offers one of the top-ranked graduate programs in psychiatric/mental health nursing in the United States. The curriculum reflects important advances in understanding mental disorders, including their prevention and treatment, and has developed new advanced practice roles to respond to special needs of vulnerable populations in the community. Our Master of Science programs prepare graduates to provide mental health services to children, adolescents, and adults, as well as families and groups, across a spectrum of service settings.



Program Options

The Psychiatric/Mental Health Program offers several options for achievement of your specific goals. You may choose your population focus: Adult or Child & Family.

- **Psychiatric/Mental Health Clinical Nurse Specialist**
 Prepares graduates for leadership roles in direct patient care, staff or program development and consultation. Clinical experience may be tailored to work with adults or children and adolescents.
- **Psychiatric/Mental Health Nurse Practitioner**
 Students are prepared to provide primary mental health care, including both psychotherapeutic and pharmacological treatment for mental health disorders.
- **Psychiatric/Mental Health Clinical Nurse Specialist /Adult Nurse Practitioner**
 Students in this track complete an integrated curriculum combining Advanced Practice Psychiatric Nursing and Adult Primary Care. Graduates are prepared to provide comprehensive health services to individuals with mental health problems.
- **Post-Master's Certificate Program - Psychiatric/Mental Health Nurse Practitioner**
 If you are a MS-prepared APN and are interested in expanding your knowledge and skill in providing mental health care, or are seeking credentialing as a Psychiatric/Mental Health Nurse Practitioner, please contact us.

Are you interested in our program, but you're not a nurse?

- **MEPN (Masters Entry Program in Nursing)**
 UCSF School of Nursing offers this special three-year program for persons with a bachelor's degree in any non-nursing field. During the first year (June to June) you participate in classroom and clinical work that prepares you to take the licensing examination necessary to practice as a nurse. The following years prepare you to practice as an advanced practice Psychiatric-Mental Health Nurse.

Variety of Learning Opportunities

- Assessment and management of psychiatric disorders
- Individual, group, and family treatments
- Consultation and program development
- Case management and psycho-education

Career Pathways

As a graduate of our program, you will have opportunities to work in a variety of settings:

- Inpatient and community-based psychiatric treatment programs
- Substance abuse treatment
- Primary care
- School-based mental health services
- Correctional facilities
- Research programs
- Nursing education

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Course Descriptions

N227 Theories of Mental Illness

Examines major theories of mental illness and their implication for understanding the etiology and treatment of psychiatric conditions.

N231A Substance Use and Mental Illness

Examines causes and consequences of substance use disorders among mentally ill individuals.

N252A Mental Health and High Risk Families

Analyzes the effects of factors such as impoverished environments, substance use and community violence on the mental health of family members.

N252B Psychotherapeutic Techniques with Children and Youth

Introduction to a variety of techniques for the assessment and treatment of emotional and behavioral problems with children & adolescents.

N252C Mental Health Case Management for Children & Adolescents

Examines the responsibilities and skills required of an effective case manager in the context of community based child mental health care.

N243.01 Family Treatment Modalities

Examines theories of family therapy and their application in the practice of psychiatric nursing.

N243.02 Group Psychotherapies

Examines and discusses theories and practice of various group modalities in current use.

N243.03 Adult Psychotherapeutic Techniques

Introduction to techniques used in individual treatment of psychiatric disorders in adults.

N257 Assessment/Mgmt. of Common Psychiatric Symptoms

Analyzes common signs and symptoms of psychiatric illness from a bio-psycho-social perspective. Emphasizes the diagnostic process and discusses management of psychiatric symptoms.

N244 Treating Psychological Responses to Traumatic Events

Examines theories from the social, behavioral, and neurosciences that explicate human responses to different types of trauma, and utilizes developmental theories to understand effects of traumatic events on persons across the lifespan. Reviews principles of assessment and treatment of individuals and families with past or current experience of physical, sexual or emotional violence.

N469 Management of Psychotropic Regimens

Develops clinical judgment about management of regimens for psychiatric symptoms.

Program Faculty and Research Areas

Beth Phoenix, RN, Ph.D.

Associate Health Science Clinical Professor; Specialty Coordinator for Psychiatric/Mental Health Nursing.

Linda Chafetz, RN, DNSc

Professor; Adult Psychiatric Nursing.

Gerri Collins-Bride, RN, MS, ANP

Health Science Clinical Professor; Primary Care of Psychiatrically- and Developmentally-Disabled Adults.

Sandra Weiss, RN, DNSc, Ph.D., FAAN

Professor; Coordinator for Child and Adolescent Mental Health Nursing.

Kathy Johnson, RN, MS, PMHNP

Assistant Clinical Professor; Psychopharmacology

Michael Terry, RN, MS, PMHNP/FNP

Assistant Clinical Professor; Primary Mental Health Care Across the Lifespan

Rosalind DeLisser, RN, MS, PMHNP/FNP

Assistant Clinical Professor; Primary Mental Health Care Across the Lifespan

Additional Information

For more details about Psychiatric Mental Health Nursing programs at UCSF, please telephone (415) 476-1381 or contact sharon.solorio@nursing.ucsf.edu by email.

Application and Program Information

For information about this and other specialties at UCSF School of Nursing, contact:

UCSF Nursing Student Affairs

2 Koret Way, #N-319X

San Francisco, CA 94143-0602

Telephone: (415) 476-1435

Internet Resources

Visit <http://nurseweb.ucsf.edu/www/spec-psy.htm> and <http://nurseweb.ucsf.edu> (websites).

An application is downloadable from

<http://nurseweb.ucsf.edu/gateway/download.html>

Attend a monthly evening information session; sign up through

<http://nurseweb.ucsf.edu/www/infosess.htm>