

Reduction of Assaultive Behavior in an Inpatient Behavior Care Facility

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Behavioral Health Center

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Purpose: To develop a system of identifying clients who have a high risk of assault. To increase staff's awareness of all assaultive clients each shift. To reduce the total amount of incidents that occurs on the units.

Background: Assault occurs on units between clients and between clients and staff. There are differing staff on each floor at each shift. Some are more experienced than others and some are permanent staff on the floor and some float.

Methods: Using the Broset tool to evaluate each client of their assault risk and looking into the assault history to determine the potential for assault was done on each client initially and to any new client who was admitted. If they had an assault history and had a high Broset score they were identified with an orange dot. If during the 2 week evaluation they had an assaultive behavior they were given an orange dot. These were placed in the Kardex, medication face sheet, rehabilitation book and in the Activities of daily living book. The 24 hour report sheet had a current list of assaultive clients. Medical data and co-occurring disorders (drug abuse) were also recorded. Incident reports were also tallied. The goal was to educate everyone on the unit to the fact that certain clients have a high assault risk.

Results: The preliminary results show a drop in assaults on 2 units. The combined amount on the Mental Health rehab facility was 43 in 2009, 31 in 2010 and in the first 5 months of 2011 it had gone down to only 5 incidents. This shows that the preliminary data is trending downward.

Discussion: Further study data needs to be collected for a total of 6 months to see that the results are truly conclusive. This project collected a large amount of data that needs to be analyzed